

NEWS BRIEFS

Wing safety briefing

The wing safety briefings are at 8:30 a.m., 10 a.m. and 1 p.m. Monday at the theater.

The speaker is retired Mississippi Highway Patrolman, Capt. Pete Collins.

He travels the country giving motivational speeches on highway safety to military and civilian organizations.

Hearts apart social

The Hearts Apart Holiday social is at 6 p.m. Tuesday at the family support center.

This social is for people whose spouse is deployed, remote or on an extended temporary duty assignment. Call Ext. 2790.

Dorm dinner

The dorm dinner is at 5 p.m. Thursday at the chapel. Chili and soup are served. Call Ext. 2500.

Last student fly day

The last student fly day for the year is Dec. 20 for all Specialized Undergraduate Pilot Training students.

Enlisted promotions

The enlisted promotions ceremony is at 8 a.m. Dec. 20 at the Columbus Club.

Last issue

The last issue for the year for Silver Wings is Dec. 20. The paper will not be published again until Jan. 10.

People may turn in bargain lines during that time, but the deadline for the Jan. 10 issue is Jan. 6. For more information call the public affairs office at Ext. 7068.

Mission Report

As of Wednesday

T-1A	T-37
Goal: 1003.0 hrs.	Goal: 1104
Flown: 957.2 hrs.	Flown: 978
T-38A	T-38C
Goal: 349	Goal: 259
Flown: 270	Flown: 202



Airman Alexis Lloyd

Second Lt. Kevin Crofton, Specialized Undergraduate Pilot Training Class 03-07, and Capt. Greg Hopkins, 50th Flying Training Squadron instructor pilot, check forms before a T-38 Talon sortie. Hopkins safely landed a T-38 with a rudder problem Dec. 6.

CAFB brings home instructor pilot, T-38

Airman Alexis Lloyd
Public affairs

The Columbus AFB team worked together to bring home an instructor pilot and a malfunctioning T-38 safely Dec. 6.

Capt. Greg Hopkins, 50th Flying Training Squadron instructor pilot, experienced a rocky take off from Columbus AFB that began an hour-and-a-half-long ordeal.

Hopkins and his wingman, Capt. Derek Miller, 14th Operations Support Squadron, were going on instructor pilot

continuation training to Terre Haute, Ind. As Hopkins began take off, the nose went to the right and he was having control difficulties. Miller checked Hopkins' jet externally and confirmed that the rudder was turned to the right. After unsuccessfully trying to correct the problem from the inside, he called radar approach control, and the two planes were directed to fly to the north-east of Columbus, near Vernon. The pilots increased altitude, so if Hopkins' plane became uncontrollable they would have more time to react.

On the ground, the battle staff and

disaster control group were recalled by the command post at 1:10 p.m.

"By the time the message was sent out, the wing commander looked around and all the battle staff was already at the 50th [FTS]," said Col. Mike Holmes, 14th Operations Group commander. "It was pretty spectacular."

The problem was unusual and not covered during usual training, Hopkins said.

The supervisor of flying, Maj. Gregory Harbin, and the T-38 supervi-

See HOME, Page 2

FOD checks help keep pilots, aircraft safe

Airman 1st Class Chawntain Young
Public affairs

The 14th Flying Training Wing has instituted a mandatory foreign object damage policy for all military and civilian vehicles prior to entering the flight line including vehicles returning from runway supervisor unit access roads.

Where "FOD Check" signs appear, drivers are required to stop their vehi-

cles and remove FOD from tires and exterior surfaces.

People are encouraged to empty their pockets of unnecessary items, close zipper pockets and secure loose objects before entering the flight line.

People should also ensure they can account for their belongings at all times while on the flight line.

FOD is an object such as a rock, pebble, broken wire or pencil that does not

belong on the flight line, aircraft or in the maintenance facilities and has the potential to cause an aircraft or vehicle accident.

"Nearly every case of FOD going into a jet engine will cause a catastrophic failure," said Maj. Joe Williams, 14th Operations Group. "In flight, a failure like this can cause an aircraft to crash."

See FOD, Page 2

FOD (Continued from Page 1)

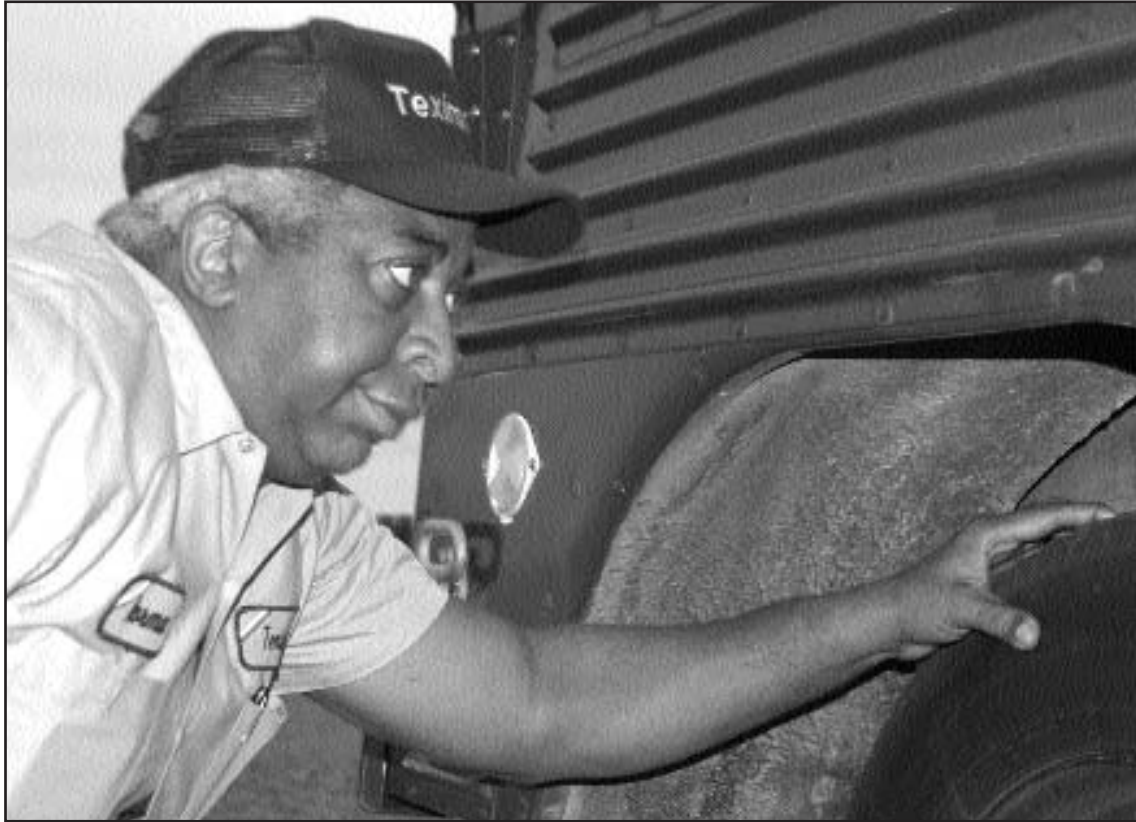
"In addition, a lost item in the aircraft such as a mechanical pencil is hazardous because it could interfere with the ejection seat process, trapping a pilot in an out-of-control plane," Williams said.

FOD should be discarded in a waste or FOD can where it will not make its way to the flight line.

However, FOD such as rocks or pebbles can be

returned to their native environment.

"We are all responsible for ensuring the safety of others and ourselves," said Col Mike Parsons, 14th Flying Training Wing vice commander. "FOD increases the likelihood of damage to an aircraft's engine, system, equipment or tire(s). The focus of our FOD program is to take preventive measures before we have a costly FOD incident."



Airman 1st Class Chawntain Young

Johnny Norman, transportation, checks for foreign objects in an aircrew support van tire.

HOME (Continued from Page 1)

sor, Maj. David Hosley, spoke directly to Hopkins and Miller.

"It was very comforting having people I know helping me out," Hopkins said.

Hopkins was going to have to land the T-38. There were two scenarios that could unfold once the landing gear was lowered: it would remain controllable but sensitive to inputs, or it could send the aircraft out of control.

"We had lots of gas and lots of time," Hopkins said.

On the ground, people were talking to the T-38 contractors about how they could help Hopkins correct the problem.

The final word was given to lower the landing gear. "I had my chin strap tightened and a spot all picked out, and I was ready to eject if I had to," Hopkins said.

The initial response team - two police vehicles, an ambulance and JAG (staff judge advocate) - was at the front gate ready to respond if the plane went out of control.

Fortunately, the aircraft remained controllable,

and Hopkins landed safely.

"It was a wondrous thing to see the entire Columbus AFB team in action," said Lt. Col. Benjamin Cleveland, 50th Flying Training Squadron commander. "Everyone was well versed in their responsibilities and ready to accomplish their duties as part of the recovery effort."

"Due to the quick thinking and actions of many people, we were able to get timely and accurate information to the pilot. This information along with [Hopkins'] superior piloting skills enabled us to get him and his aircraft home safely. The base was ready to respond to the worst, but due to all of the skill and expertise available we averted a mishap."

"People stopped, from firemen to approach control, for an hour and a half to be there for me," Hopkins said. "I forgot the Air Force did that. If it had been any other person, the base would have done the same thing."

"Everybody has two inboxes in their mind: stay in the Air Force or get out of the Air Force. This is one of the reasons to stay."



AF eliminates captain boards

WASHINGTON — The Air Force will eliminate captain central selection boards for active-duty, Guard and Reserve officers beginning in 2003.

The move will not only streamline the process for eligible first lieutenants — placing the decision point for promotion closer to those who know the officers best — but will benefit the Air Force in other ways as well, according to Col. Dale Vande Hey, director of personnel programs for the Air Force Personnel Center at Randolph AFB, Texas.

Promotion decisions will now be made at the major command or equivalent level, Vande Hey said. Previously, active-duty captain selection boards were held at the AFPC, while Reserve and Guard captain selection boards were held at the Air Reserve Personnel Center in Denver.

The 2002 National Defense Authorization Act permits the service secretaries to eliminate captain promotion boards when the promotion opportunity is 100 percent.

Despite the absence of a central review, individuals will still need to be "fully qualified" to be promoted. This means everyone who is deemed qualified can be promoted. By comparison, promotion to the ranks of major through colonel are based on the "best qualified" criterion, meaning promotion board members rank-order qualified candidates by merit and only a pre-determined percentage of the total eligible are promoted.

First lieutenants meeting the time-in-grade and time-in-service requirements will be initially recommended as either "promote" or "do not promote" candidates. Members who receive a "do not promote" recommendation will be provided an opportunity to rebut that recommendation. *(Courtesy of Air Force Print News.)*

Flying training board date set

RANDOLPH AFB, Texas — The next undergraduate flying training board takes place April 15 at the Air Force Personnel Center and will fill 50 pilot, 10 navigator and five air battle manager training slots. Applications must be postmarked by Feb. 28.

Eligible officers are those with a birth date after Oct. 1, 1973, and a total active federal commissioned service date after Oct. 1, 1998. Hopefuls must send their completed application package to: HQ AFPC/DPAOT3, 550 C Street West Suite 31, Randolph AFB, TX 78150-4733.

The application — Air Force Form 215, aircrew training candidate data summary — allows for recommendations from both the applicant's commander and another person. An administrative change now lets an applicant submit separate letters of endorsement from his or her chain of command, said Howard Peterson, assistant to the special flying programs office.

For more information on application procedures, call Ext. 2604. *(Courtesy of Air Force Print News.)*

Torch Club lights up Columbus AFB, community

Airman 1st Class Chawntain Young
Public affairs

The Torch Club meets to discuss and plan club, base and community events from 4:30 to 5:30 p.m. every Wednesday at the youth center.

The club, a program chartered by the Boys and Girls Clubs of America and sponsored by MetLife Foundation, was created for ages 9 to 12.

“The Torch Club was designed to help youths understand their responsibilities to their community and add to their development as they advance into adulthood,” said Elisa Quintero, 14th Mission Support Group youth center specialist.

A panel of youth officers is elected by their peers annually and initiates club, base and community events.

A youth center specialist and other volunteers oversee the clubs meetings and activities.

They offer direction to the youths regarding planning, coordinating and fundraising.

Since their first meeting Oct. 2, the club has been involved in many events such as



Airman 1st Class Chawntain Young
Breanna Olson, Torch Club member, and Stephanie Bivins, youth center's school age program, deliver canned goods and toys to the Tornado Relief Center.

fundraisers, educational and recreational activities.

To start off the year, the club volunteered to operate youth center booths during Oktoberfest Oct. 26 at Freedom Park.

They also passed out Halloween candy to

trick-or-treaters Oct. 31 and took an educational trip to the Columbus Welcome Center, YMCA and Columbus Library Nov. 2.

More recently, the club assisted storm victim families by bringing donated non-

perishable food, toys and other necessities to the Tornado Relief Center Nov. 26.

They also presented the youth center float when they marched in the Columbus Christmas Parade downtown Dec. 2.

On their agenda for the future, the club will be the host of the Pre-teen Holiday Dance at the youth center Dec. 20.

They are designing the invitations, shopping for decorations and planning games, prizes and food for the event. At the dance, they will recognize and honor a prince, princess, the most outgoing and incoming preteen.

They also plan to attend several Columbus Arts Council shows, take a field trip to Jackson, Miss., hike to SAC lake and Plymouth Bluff and speak to their peers about health, fitness and education.

“We just moved here, and I don’t have a lot of friends, so my mom though it would be a good idea for me to join the club,” said 9-year-old Breanna Olsen, Torch Club member. “It’s really cool because you do stuff to help people around you, and you get to go places and see stuff.”

For more information, call Quintero at Ext. 2504.

Christmas Cookie Drive sends tasty season’s greetings

Kiiva Williams
Public Affairs

Columbus AFB spouses accept donations for the annual Christmas Cookie Drive for unaccompanied officers, enlisted and deployed troops from 6:30 to 9 a.m. Monday at the community center.

Volunteers are packing, wrapping and tagging brownies, cookies, fudge and other baked goods to be delivered to the dorms, work places or overseas.

“We all know someone who has been alone for the holidays, whether it’s a child, a friend or someone else’s spouse,” said Marcia Parsons, cookie drive coordinator. “It’s just about spreading a little cheer.”

Last year, volunteers delivered more than 500 packages, each containing a dozen cookies.

However, spouses aren’t alone in their efforts.

Master Sgt. Edward Marallo Jr., 14th Civil Engineer Squadron, along with Airman Eric Gillespie and Airman John Armstrong, 14th CES, baked more than 32 dozen cookies ranging from chocolate chip to oatmeal raisin.

“I’ve been here for over five years, and I feel the cookie drive fills a need on base,” Marallo said.

“I want to thank all the spouses and other volunteers in advance for their hard work and diligent efforts during this year’s drive,” Parsons said. “I am confident it will be a great success.”

Drop off homemade or store-bought donations in disposable containers.

To donate or for more information, call Parsons at 434-6633 or Carole Funke at 434-5123.



Kiiva Williams
Nancy McCollor and Donna Booth look through cook books to find a recipe for their Monday donation to the Christmas Cookie Drive.

NEWCOMERS

Columbus AFB welcomes its newest military members by rank, name, gaining unit, previous assignment, and hometown. Civilians are listed by name and gaining unit. The newcomers are:

Maj. Leonard Grassley, 14th Security Forces Squadron, Soto Cano AB, Honduras, Seattle, Wash.; **Maj. Grant Stedronsky**, 48th Flying Training Squadron, Charleston AFB, S.C., Wagner, S.D.; **Capt. Kent Ducknall**, 50th FTS, Minot AFB, N.D., St. Paul, Minn.; **Capt. David Johnson**, 50th FTS, Osan AB, Korea, Oxford, Nev.; **Senior Airman Cory Futrell**, 14th SFS, Andersen AFB, Guam, Sardis, Miss.; **Rickie Brock**, 14th Medical Group; **Eugene Poole Jr.**, 14th Civil Engineer Squadron. Medical Group.

STRAIGHT TALK CENTER

The Straight Talk Center is your source for accurate information during emergency situations. Call Ext. 7065, watch the marquees and Channel 64 for updated emergency information.



Passwords key to info systems

Master Sgt. James Howard
90th Communications Squadron

Vulnerability, according to Webster’s dictionary, means susceptible to attack. In relation to Air Force information systems, our goal is to identify and eliminate all vulnerabilities. The longer they go undetected, the greater the chance of an attack.

Everyone in the Air Force, in one way or another, relies on protection of sensitive information in automated information systems. Information attacks can severely hamper or even halt daily operations. Consider how effective you would be if your system were down for a day or even a week. Your job as a user is to prevent system vulnerabilities through password protection.

As a user, you are the one authorized to access the information system. You have completed required training, in some instances passed the background check and have been deemed trustworthy to access the information system and all of its data. It is now your responsibility to safeguard the system by preventing access by unauthorized users.

How do you do that? By following one of the most basic fundamentals: proper password protection. When you were granted access to the system, you were given a user identification and you had to supply a password. Your user ID is generally known to those around you, but your password is not.

You had to comply with several requirements for your password, and you couldn’t make it a simple dictionary word, for good reason. Dictionary words are part of the hacker’s host of software tools for cracking your password.

Your password unlocks the door to a database which, if manipulated or destroyed, could devastate operational capability and adversely affect information systems across the Air Force.

It is your responsibility to prevent someone else from using it.

SILVER WINGS

Published by the Commercial Dispatch Publishing Company, Inc., a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 14th Flying Training Wing. This commercial enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Silver Wings are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force.

The appearance of advertising in this publication does not constitute endorsement by the DOD, the Department of the Air Force or

Service Publications, Inc., of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

Editorial content is edited, prepared and provided by the 14th Flying Training Wing public affairs office of Columbus AFB, Miss.

All photos are U.S. Air Force photos unless stated.

All advertising should be submitted to the Commercial Dispatch, advertising department, Columbus, Miss., phone 328-2427. All editorial copy should be submitted to the public affairs

Holidays can be stressful for children

Kathleen Vaillancourt
Hanscom Family Advocacy Office

As the holidays approach, parents are not the only ones who feel the demands of the season.

Children also feel a rising anxiety as visitors, holiday events and marathon shopping outings disrupt their normal routines.

Military families may have added stressors by having a family member deployed or getting ready for a separation, by long work hours and by distance from extended family.

Children are sensitive to their parents’ feelings and can get caught up in the hustle and bustle of the season.

Little ones are especially in danger of over-stimulation. Too much “fun” can upset children who may become grouchy and restless.

Listed below are some tips that may help children better cope with the holidays:

❑ Try to keep a regular schedule for meals, naps and bedtime.

❑ Involve your child in holiday preparations. Even the youngest child can put bows on gifts or cut out a sugar cookie. It makes them feel important and teaches them about family traditions.

❑ Children can become distressed during new activities, so talk to your child beforehand about visits to Santa, outings or parties. Help prepare your child for visitors by bringing out the photo album and identifying the people he or she will be spending time with.

❑ Limit sugar and snacks.

❑ When it becomes obvious that your child has had enough excitement, remember to have quiet activities ready like soft music, storybooks, puzzles and quiet games to play. If you can’t find a quiet spot, bundle up and go for a walk.

❑ Deployed? Letters, phone calls and e-mail messages can help to keep you close. Read a holiday children’s book and record or videotape it for your child’s bedtime story.

Where children are concerned, keep it simple.

Don’t forget to reinforce good behavior with lots of hugs, kisses and praise.

The greatest gift you can give your child this holiday season is the gift of your time, attention and love.



Tech. Sgt. Jim Moser
Jared Carter, 11 months, visits with Santa Claus at the chapel Dec. 6.

STRAIGHT TALK LINE

The Straight Talk Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB better. Although the Straight Talk Line is always available, the best way to resolve problems is through the chain of command.

The Straight Talk Line phone number is 434-7058. Callers should leave their full name and phone number to receive an answer. All names are kept confidential. Messages are answered in the Silver Wings without names.

Written questions may also be brought to the public affairs office in the wing headquarters building, Bldg. 724. People can also access the Straight Talk program through the Blazeweb and the main website at www.columbus.af.mil. Questions and answers will be edited for brevity.

Key phone numbers

Base Exchange.....	434-6013
Chaplain.....	434-2500
Civil Engineer Service Desk.....	434-2856
Civilian Personnel.....	434-2635
Clinic:	
Family Practice.....	434-2172
Appointment Desk.....	434-2273
After Hours Care.....	434-2273
Columbus Club.....	434-2489
Commissary.....	434-7106
Finance.....	434-2706
Housing Maintenance.....	434-7270
Inspector General.....	434-2927
Legal Office.....	434-7030
Military Equal Opportunity.....	434-2591
Security Forces.....	434-7129
Shoppette.....	434-6026

Silver Wings Editorial Staff

14th FTW commander

Col. Steve Schmidt

Chief, public affairs

Pam Wamken

Editor

Airman Alexis Lloyd

Staff writer

Airman 1st Class Chawntain Young

Kiiva Williams

Expert tips for keeping holiday ‘heavies’ away

Airman 1st Class Chawntain Young
Public affairs

Although it may be easier to believe it’s the clothes that are shrinking, it’s safe to say many waistlines are falling victim to the after-affects of the feasts devoured during the holiday season.

Just as quickly as Thanksgiving packed on the pounds, Christmas ensures the comfort of food continues to warm hearts and fill tummies throughout the remainder of the year. In no time at all, New Year’s Day has passed, and it’s harder to squeeze into that favorite pair of blue jeans.

These are all tell tale signs the holidays have, once again, left feelings of unhappiness and unhealthiness.

Scared? There’s no need to fret. This year, there’s hope, and it’s not found in the colon cleansing, water absorbing liquid diet used by some Hollywood movie stars.

Those nightmarish memories of post-holiday diets can be cast aside just by following a few simple cooking, party going and self-maintenance holiday guidelines provided by the 14th Medical Group Health and Wellness Center.

- ❑ Substitute pureed fruit for fats such as cooking oils and grease when making baked goods. Start by alternating one-fourth pureed fruit per cup of fat used. If the taste is not greatly compromised, substitute more. Making modifications gradually ensures fat — not flavor — is reduced.
- ❑ Don’t go to a party with an empty stomach. Excess hunger can lead to overeating and unhealthy food selection choices.
- ❑ Consider food options and take time to think about healthy selections. Loading up a plate with mostly low fat and calorie foods and taking a seat far away from the table or buffet minimizes the temptation to overeat.
- ❑ Make it a point to schedule time for exercise. When traveling during the holidays, try to find accommodations with a fitness center or located near a park. Taking a walk in the park three days a week is one of many outdoor activities that help maintain cardiovascular fitness and also provide stress relief. Muscle strength and endurance can be sustained by doing as little as one exercise per muscle group, one set per exercise, one day per week.



Airman 1st Class Chawntain Young

Pamela Franklin, fitness enthusiast, works out her legs at the fitness and sports center.

According to 2nd Lt. John DeLion, Specialized Undergraduate Pilot Training class 03-14, he keeps in shape during the holidays by playing basketball with his family or running.

“It’s tough to get back into shape to the level you were before when you take a couple weeks off,” DeLion said.

- ❑ Finally, try not to get too discouraged if the scheduled work out routine becomes a part-time endeavor to maintain

your current weight. Exercising two or three out of the five days a week is better than not working out at all.

“I work out during the holidays so all the good food doesn’t catch up with me,” said Pamela Franklin, fitness enthusiast.

Who knows? This year’s resolution may be continuing these healthy habits instead of renewing the forgotten fitness resolutions of the past.

Safety important while traveling during winter months

The leading cause of death during winter storms is transportation accidents.

Knowing what actions to take during weather advisories, how to prepare your vehicle for the winter season and how to react if stranded on the road are the keys to safe winter driving.

The National Weather Service issues weather advisories, watches and warnings.

- ❑ Winter storm watch: A potential exists for severe weather conditions, such as heavy snow/ice.
- ❑ Winter storm warning: Heavy snow or ice have begun or are about to begin in your area.
- ❑ Blizzard warning: Severe weather conditions characterized by low

temperatures and strong winds bearing a great amount of snow have begun or are about to begin in your area.

- ❑ Winter weather advisory: Winter weather conditions are expected to cause inconveniences and may be hazardous. The greatest hazard is often to motorists.
- ❑ Freeze warning: Below freezing temperatures are expected and may cause significant damage to plants, crops or fruit trees.

While people can plan for an emergency situation, sometimes they are unavoidable. Here are some tips to help people survive if they find themselves stranded in a vehicle:

- If possible, keep a well-charged cell phone for emergency calls.

- Stay inside the vehicle. Do not leave the vehicle to search for assistance unless help is visible within 100 yards.
- Occasionally run the engine to keep warm. Turn on the engine for about 10 minutes each hour. Run the heater while the engine is on. Also, turn on the interior dome light when the engine is running. Make sure the exhaust pipe is free of snow and open a downwind window slightly for ventilation to avoid carbon monoxide poisoning.
- Here are some tips for people who have to be outside.
- Dress warmly. Wear loose-fitting, layered, lightweight clothing.
- Protect lungs from extremely cold air by covering the mouth when outdoors.

- Avoid overexertion. Cold weather puts an added strain on the heart.

For more information on winter weather precautions, consult Columbus AFB Pamphlet 32-4001. *(Courtesy of the 14th Civil Engineer Squadron Readiness Flight.)*

Check the following on the vehicle before the winter season sets in:

- ❑ Battery
- ❑ Antifreeze
- ❑ Wipers and windshield washer fluid
- ❑ Ignition system
- ❑ Thermostat
- ❑ Flashing hazard lights
- ❑ Heater
- ❑ Brakes
- ❑ Defroster
- ❑ Oil level (if necessary, replace existing oil with a winter grade oil)

AT THE CHAPEL

Chapel holiday schedule

Catholic
Sunday activities:
9:15 a.m. — Mass
10:30 a.m. — CCD
5 p.m. — Confessions
5:30 p.m. — Mass
Wednesday
11:30 a.m. — Mass

Christmas Eve Mass — 11 p.m. Dec. 24
Christmas Mass — 9:15 a.m. Dec. 25

Protestant
Sunday activities:
9 a.m. — Sunday school
10:45 a.m. — Traditional worship
1 p.m. — Contemporary worship
Wednesdays
5:30 p.m. — Choir rehearsal

Candle light service — 5 p.m. Dec. 24

Ecumenical
Caroling — 6 p.m. Dec. 18.

For Islamic, Jewish, Orthodox or other services, call the chapel at Ext. 2500.

AT THE MOVIES

All movies are shown at 7 p.m., unless otherwise noted, at the base theater.

Today
“*Tuck Everlasting*” (PG, some violence, 90 min.)
Starring Alexis Bledel.

Saturday
“*Ghost Ship*” (R, strong violence/gore, language and sexuality, 94 min.)
Starring Gabriel Byrne.

CHANNEL 64

BLAZE 64 offers announcements for people living in base housing or the dormitories.

Call 2nd Lt. Joseph Coslett for more information at Ext. 7065.

Weekdays
9 a.m., noon and 2 p.m.
Air Force Television News

Monday through Dec. 20
9:30 a.m., 12:30 p.m. and 2:30 p.m.
College Level Examination Program:
Introduction to Management

FAMILY SUPPORT



(Editor’s note: All activities are offered at the family support center unless otherwise specified. For more information, call Ext. 2790.)

Angel tree: The Angel trees, sponsored by the first sergeants council, family support center and chapel, are in the exchange, wing headquarters, chapel and personnel building.

Pick an ornament off the tree, with the person’s age, sex, shirt, pant, shoe size and a suggested gift. After an angel is chosen, buy a gift, wrap it and turn it into the FSC by noon Thursday. The gifts are distributed Dec. 20.

Respite care program: The Air Force Aid Society offers grants for active duty Air Force personnel who have 24-hour care responsibilities for ill or disabled family members.

Remote/deployed briefing: Military people who are going remote or being deployed must attend a mandatory briefing offered at 9 a.m. every Thursday.

Call Tech. Sgt. Jamey Coleman.

Videophones: Videophones are available for family members of deployed, temporary duty or remote servicemembers at the family support center.

Volunteer opportunities: A bulletin board is located in the family support center. The board lists volunteer opportunities in the local community.

Happy Landings: Information on the Columbus community is available to newcomers from 8 to 10 a.m. Wednesdays in the lodging facility lobby.

Loan locker: Families who are changing stations in or out are welcome to use the loan locker for household items. The locker is at outdoor recreation. Call Ext. 2505.

Resume help: People looking for assistance in fine-tuning their resume can call the family support center for an appointment.

Sponsor training: The mandatory sponsor training can be done in monthly training or on the web.



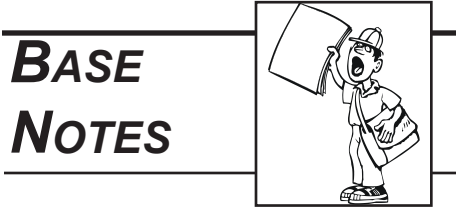
2nd Lt. Joseph Coslett

Skylarks caroling

The Skylarks sing Christmas carols at the tree lighting ceremony Dec. 6. Col. Steve Schmidt, 14th Flying Training Wing commander, Master Sgt. James Gulsby, 14th Communications Squadron, and Gulsby’s family turned on the lights for the base Christmas tree. Santa Claus visited and took pictures with children at the chapel after the ceremony.

For more information on the dates or how to access the information online, contact the family support center.

Media available: Over 75 videos on self-improvement and 45 videos and books on parenting are available at the family support center for check out.



Commanders calls: The 14th Flying Training Wing commander’s calls are at 11 a.m. and 1 p.m. Dec. 23 at the theater.

Thrift store: The Columbus AFB Thrift Store closes for the holidays Dec. 23 until Jan. 3.

The store re-opens for business Jan. 7. The normal hours of operation are from 4 to 8 p.m. Tuesdays and 9 a.m. to 1 p.m. Thursdays.

Commissary hours: The commissary’s new hours are from 10 a.m. to 6 p.m. Sundays, Tuesdays and Wednesdays, from 10 a.m. to 8 p.m. Thursdays, and 9 a.m. to 6 p.m. Saturdays. The commissary is closed Mondays.

It is open from 10 a.m. to 6 p.m. Dec. 23, closes at 3 p.m. Dec. 24 and is closed Dec. 25.

ESC social: The Enlisted Spouses’ Club’s social is at 6:30 p.m. Jan. 6 at the

community center. The club will discuss women health issues. The night’s focus is the “ESC Winter Spouse Retreat.”

New members are welcome, and there’s no cost to attend. Call 434-8823.

OSC social: The deadline to sign up for the Columbus AFB Officers’ Spouses’ Club’s social is by noon Jan. 7.

The social begins at 6:30 p.m. Jan. 14 at the Columbus Club.

The menu is lemon chicken with bowtie pasta for \$11.50. Club-card members receive a \$2 discount.

New members are welcome. For reservations, call 434-5511 or e-mail: david-jeastman@cableone.net.

Tree recycling: The Columbus AFB Christmas tree recycling collection dates are Dec. 26 and 30, Jan. 2, 6 and 9.

Remove any decorations from the tree and place curbside on a scheduled collection day by 9 a.m.

All Christmas trees will be transported to the City of Columbus Drop Off Recycling Center. The trees will be made into mulch, and the mulch is given away to area residents free for personal landscaping.

For more information or for special pick up before Dec. 26, call Ext. 7406.

South gate: The south gate operating hours are from 6 a.m. to 8 p.m. Mondays through Fridays, 6 a.m. to 5 p.m. Saturdays and 10 a.m. to 2 p.m. Sundays.

For more information, call Ext. 7128.



T-1A Jayhawk

U.S. Air Force photo

SUPT Class 03-03 earns silver wings



U.S. Air Force photo



Capt. Eduardo Emmanuelli
Miami, Fla.
C-17, McChord AFB, Wash.



Capt. Brian O'Connell
Boston, Mass.
C-17, Charleston AFB, S.C.



1st Lt. Charles Cain
Danville, Ill.
C-17, Charleston AFB, S.C.



2nd Lt. Jeremy Downs
Port Charlotte, Fla.
F-15C, Tyndall AFB, Fla.



2nd Lt. Jason Harris
Oakland, Calif.
C-130, Dyess AFB, Texas



2nd Lt. Todd Hutchinson
Carbondale, Ill.
KC-135, Grissom ARB, Ind. (AFRC)

Specialized Undergraduate Pilot Training Class 03-03 graduates at 10 a.m. today during a ceremony at the theater.

Twenty-one officers have prevailed during a year of training, earning the right to be an Air Force pilot.

The graduation speaker is Brig. Gen. Gregory Power, vice commander, Headquarters 8th Air Force, Barksdale AFB, La.

Power received his commission through the ROTC program in 1975. Power is a command pilot with more than 3,800 flying hours. Before assuming his current position, he commanded the 55th Wing at Offutt AFB, Neb.

Students receive their silver pilot's wings at the ceremony, and students who excelled in their respective training tracks are recognized.

First Lt. Charles Cain, T-1, and 2nd Lt. Chad Shenk, T-38, received the Air Education and Training Command Commander's Trophy for being the most outstanding students overall in their classes.

The Air Force Association Award were presented to 2nd Lts. John Paul Mintz, T-38, and Andrew Oiland, T-1. The award is presented to a graduate in each flight who excelled in training and typified the tenets of the association — promoting aerospace power and a strong national defense.

Cain and Shenk were named distinguished graduates.

The 52-week pilot training program begins with a six-week preflight phase of academics and physiological training to prepare students for flight.

The second phase, primary training, is conducted in the twin-engine, sub-

sonic T-37 Tweet. Students learn aircraft flight characteristics, emergency procedures, takeoff and landing procedures, aerobatics and formation flying. Students also practice night, instrument and cross country navigation flying.

Primary training takes about 23 weeks and includes 254.4 hours of ground training, 27.3 hours in the flight simulator and 89 flying hours.

After primary training, students select, by order of merit, advanced training in the fighter-bomber or airlift-tanker track.

Both tracks are designed to best train pilots for successful transition to their follow-on aircraft and mission.

Advanced training for the fighter track is done in the T-38 Talon, a tandem-seat, twin-engine supersonic jet.

T-38 training emphasizes formation, advanced aerobatics and navigation.

Training takes about 26 weeks and includes 381 hours of ground events, 31.6 hours in the flight simulator and 118.7 flying hours.

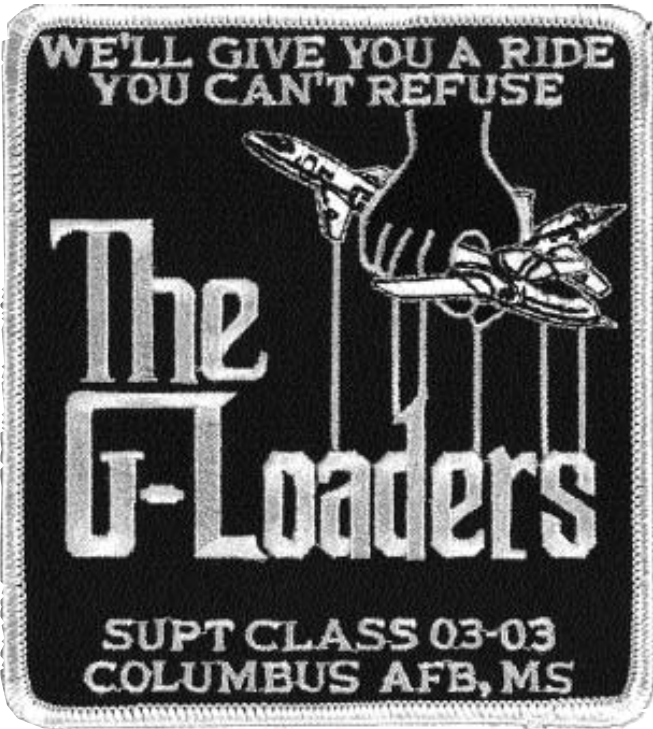
The airlift-tanker track uses the T-1A Jayhawk, the military version of a multi-place business jet.

Instruction centers on crew coordination and management, instrument training, cross-country flying and simulated refueling

and airdrop missions.

Training takes about 26 weeks and includes 185 hours of ground training, 43 hours in the flight simulator and 104 flying hours.

The class reunites on graduation day, when students receive the aeronautical rating of pilot and begin their careers as U.S. Air Force pilots.



2nd Lt. Andrew Oiland
Seattle, Wash.
C-17, McChord AFB, Wash.



2nd Lt. Todd Perry
Hico, W. Va.
C-130, Charleston, W. Va. (ANG)



2nd Lt. Stephen Pippel
Marietta, Ga.
B-52, Barksdale, La.



2nd Lt. Frank Rovello
Danbury, Conn.
KC-135, McConnell AFB, Kan.



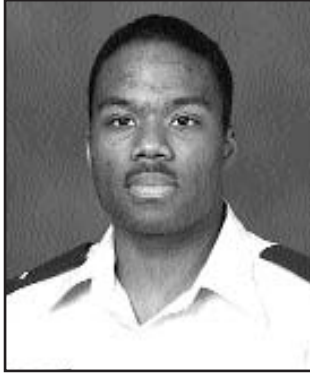
2nd Lt. Elliot Sacks
Anaheim, Calif.
A-10, Davis-Monthan AFB, Ariz.



2nd Lt. Chad Shenk
Minnetonka, Minn.
F-15E, Seymour-Johnson AFB, N.C.



2nd Lt. Leah Voelker
Dearborn Heights, Mich.
C-130, Selfridge ANGB, Mich., (ANG)



2nd Lt. Michael Waters
Oxon Hill, Md.
KC-10, McGuire AFB, N.J.

T-38 Talon



1st Lt. Wesley Hales
Richland, Wash.
T-38, Columbus AFB, Miss.



2nd Lt. Rod Camp
Spartanburg, S.C.
KC-135, Robins AFB, Ga.



2nd Lt. Andrew Congdon
Great Barrington, Mass.
T-37, Columbus AFB, Miss.



2nd Lt. John Masterson
Tygh Valley, Ore.
KC-10, Travis AFB, Calif.



2nd Lt. Zachariah McKissick
Everson, Wash.
E-3, Tinker AFB, Okla.



2nd Lt. John Paul Mintz
Germantown, Tenn.
F-15C, Tyndall AFB, Fla.

Services: Offers choices

◆ **All-ranks bingo:** The club offers all-ranks bingo at 6 p.m. Fridays in the community center ballroom. People play five \$75 games, one \$100 game and a \$1,000 progressive jackpot game. Consolation prize is \$100 if the jackpot doesn't go in 53 numbers or less.

Admission fee for a nonmember is \$5. Call Ext. 2489.

◆ **Enlisted lounge entertainment:** Disc jockey Kool Kleve entertains from 9 p.m. to 1 a.m. today. Call Ext. 2489.

◆ **Breakfast/pictures with Santa:** The youth center invites all parents and children to have breakfast with Santa from 8:30 to 10 a.m. Dec. 14. Cost is \$2 for breakfast and \$3 for each picture.

Pet pictures with Santa are from 10 to 11 a.m. Cost is \$3 per picture. Call Ext. 2504.

◆ **College football:** Watch the college football game of your choice from 11 a.m. to 6 p.m. Saturdays at the Landing Lounge. All ranks are welcome. The grill is open. Social hours are from noon to 1 p.m. and from 5 to 6 p.m. Call Ext. 2489.

◆ **Piano recital:** The youth center's piano students present their first piano recital at 2:30 p.m. Saturday at the youth center. Call Ext. 2504.

◆ **Preschool story time:** The library offers preschool story time at 10 a.m. Tuesdays in December. This 30-minute program is open to ages 3 to 5. Call Ext. 2934.

◆ **Enlisted lounge open Thursdays:** The enlisted lounge is open from 4:30 to 10 p.m. Thursdays. Stop in to watch football.

◆ **Holiday dances:** The youth center's preteen holiday dance is from 7 to 9 p.m. Dec. 20. Cost is \$1 for members and

\$3 for non-members.

The teen dance is from 8 to 11 p.m. Dec. 21. Cost is \$2 for members and \$4 for non-members. Call Ext. 2504.

◆ **Casino trip:** The information, ticket and travel office offers a trip Dec. 20 to the Silver Star Casino. Cost is \$15 and includes transportation and \$15 in coins. Call Ext. 7858.

◆ **Holiday camp:** The youth center's holiday camp starts Dec. 23. The program is open to ages 5 to 12. Space is limited, so register early. Fees based on family annual income. Call Ext. 2504.

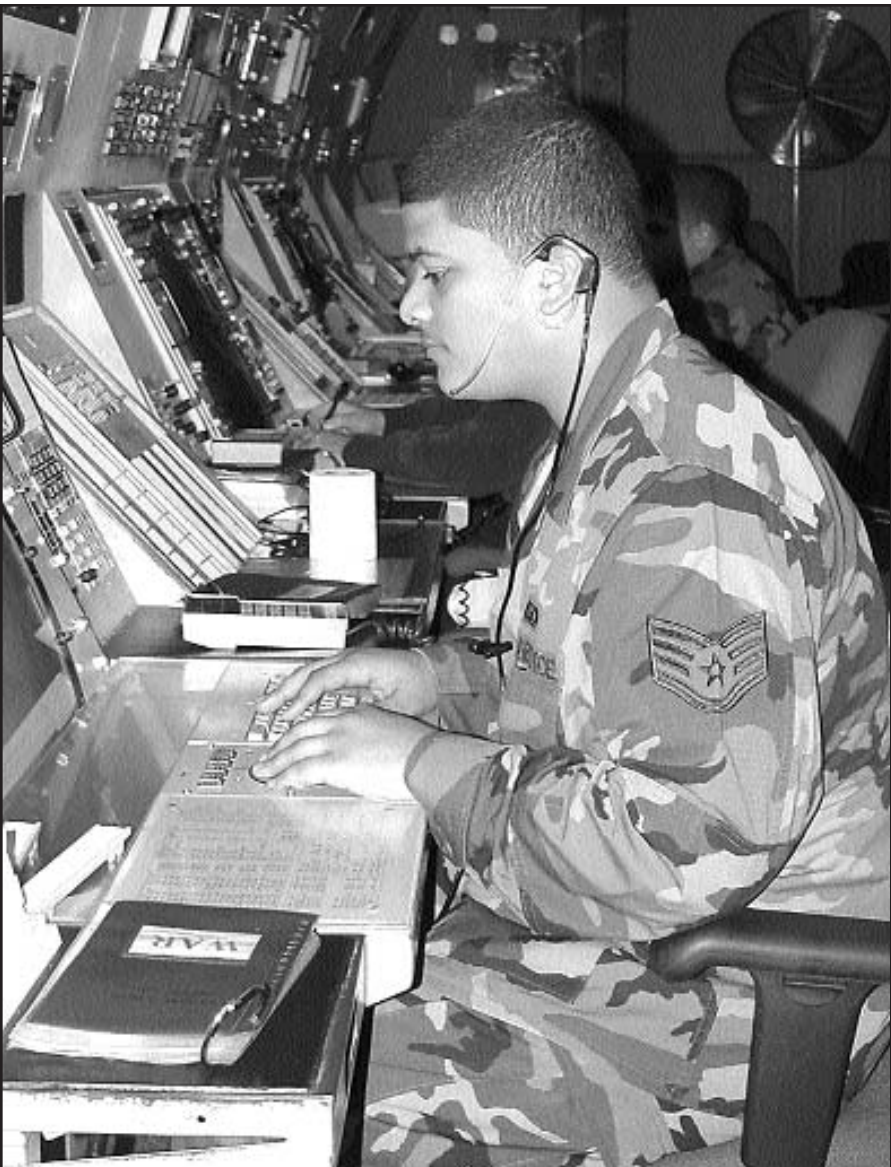
◆ **Youth center New Year's Eve party:** The youth center features a disc jockey, food and party favors for bringing in the new year from 7 p.m. to 1:30 a.m. Dec. 31. Cost is \$5 for members and \$8 for nonmembers. Call Ext. 2504.

◆ **Win a vacation:** During open bowling at the bowling center, bowl three games and receive an entry into the drawing for an Armed Forces Vacation Club package — a \$249 value. Attach your bowling receipt to the entry to qualify.

Drawing at midnight at the bowling center's New Year's Eve party. Call Ext. 2426.

◆ **Smoky Mountain ski trip:** The information, ticket and travel office offers a trip to Gatlinburg, Tenn., Jan. 18 to 19. Cost is \$195 and includes transportation, lodging for two nights (double occupancy), lift tickets and rentals. Cost is \$170 without rentals and \$125 for nonskiers.

Skiing is from 5 to 10 p.m. Jan. 18 and from 9 a.m. to 4 p.m. Jan. 19. A deposit of \$50 is required when registering for the trip. Deadline to register is Jan. 10. Call Ext. 7858.



Pam Wickham

Military Family Month winner

Staff Sgt. Angel Diaz, 14th Operations Support Squadron, directs traffic. Diaz won a seven-night stay in a resort of his choice through the Armed Forces Vacation Club. He was one of 207 other entrants who filled out an entry form during the month of the military family. Another vacation package will be given away Dec. 31 at the bowling center's New Year's Eve celebration. Call Ext. 2426.

We're all ears.

USAF SERVICES
Greater Support & Community Service

Here's your chance to tell us what you think about Air Force Services. Watch your mailbox for the 2003 Customer Feedback Survey. Complete and return it in the envelope provided. Your input makes a difference ...because we're listening!

Columbus Club Lunch Buffet

Served from 11 a.m. to 1 p.m.
Cost: \$7.95
Members receive a \$2 discount
Price includes vegetable of the day, salad and tea

<u>Today</u> Fried catfish Popcorn shrimp Cherry cobbler	<u>Monday</u> Fried chicken Sausage and peppers Peach cobbler	<u>Tuesday</u> Meat loaf Sweet and sour pork Banana pudding
<u>Wednesday</u> Bratwurst Lemon pepper chicken Apple dumplings	<u>Thursday</u> Roast pork Chicken fried steak Apple cobbler	

Bowling Center New Year's Eve Celebration

8 p.m. to 1 a.m.
Cost: \$25 per person

The celebration includes cosmic no-tap bowling with prizes, party favors, hors d'oeuvres, champagne, breakfast and five entries into the drawing for an Armed Forces Vacation Package. Limited to 50 people.

For more information, call Ext. 2426.

Columbus Christmas Festival: Free and open to the public, a campus-type event, featuring three fully staged outdoor drama scenes, two outdoor musical programs each night, a hospitality station, free gift wrapping and a toy store for needy families is from 6:30 to 8:30 p.m. today through Sunday.

It's presented by First Baptist Church of Columbus at 202 7th Street North. For more information call 328-3915.

Motorcycle run: The Riders Association has its annual toy run for Mark Mitchell Children's Shelter at 1 p.m. Saturday. The motorcycle parade leave the Little Kitchen on Highway 373 at 1 p.m.

For arrangement of donations or to request a pickup of new or serviceable toys for toddlers to teenagers, call 241-5665 from noon to 10 p.m.

Aberdeen home tours: A Holiday Home Tour showcasing three homes is from 3 to 7 p.m. Saturday. Tickets for the tour are avail-

able beginning at 2 p.m. at the Elkin Theater in downtown Aberdeen. For more information, call the Aberdeen Visitor's Bureau at (800) 634-3538.

Lights driving tour: A Christmas Lights Driving Tour in Aberdeen, Miss., is from 6 to 9 p.m. Saturday. Thousands of candles are lit and homes are decorated with lights, lawn displays and greenery.

Maps are available beginning at 2 p.m. at the Elkin Theater in downtown Aberdeen. For more information call the Aberdeen Visitor's Bureau at (800) 634-3538.

Christmas tree sale: The Boy Scouts' Troop 3 sells Christmas trees as a fundraiser in the Kroger parking lot on Highway 45 from 4 to 9 p.m. Mondays to Fridays, 9 a.m. to 9 p.m. Saturdays and from 1 to 5 p.m. Sundays.

The scouts are selling the trees until supplies are gone. For more information, call 328-6020.

Bargain Line advertisement

The Bargain Line is free for all military members (including Guard and Reserve members), DOD civilians, military retirees, family members and contract employees.

Bargain Line advertisements must be turned in to the Silver Wings office in the 14th Flying Training Wing headquarters building by noon Monday to be included in the following week's issue. Late ads will be held over for the next issue.

Reruns must be phoned in to the Silver Wings office, 434-7068, by noon Monday for inclusion in the next week's issue. Please do not resubmit ads for rerun on this form. Advertisements should contain a home phone number, home address or both. Duty phone numbers will not appear in the ads.

Advertisements for private businesses or services providing a continuous source of income, such as baby-sitting or rental property, may not appear in the Bargain Line. They may, however, be purchased through the Silver Wings publisher, 328-2424. Please fill out this form completely. The Silver Wings staff reserves the right to edit ads as necessary.

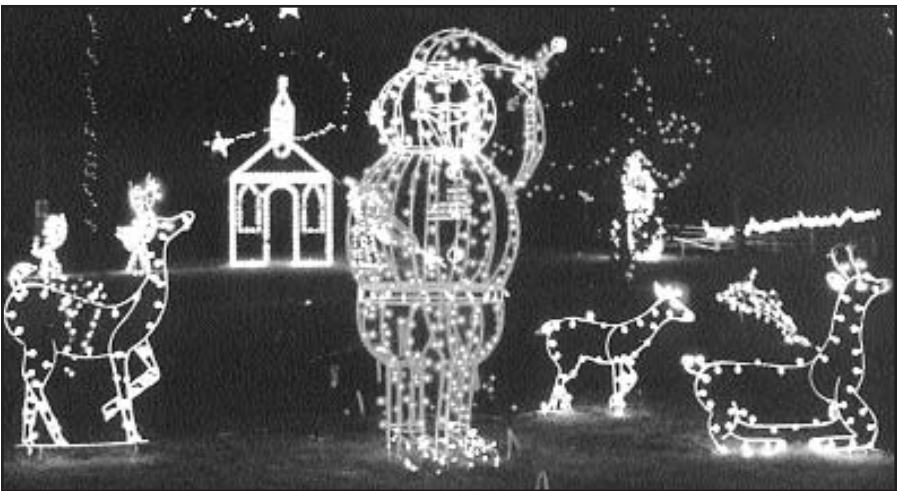
Type of advertisement (circle one): Home Transportation Miscellaneous Yard sales Pets

Print advertisement: _____

Name: _____

Home Telephone #: _____ Duty Telephone #: _____
(in case we need more information)

AROUND TOWN



Courtesy Photo

Holiday Homes

Tour pre-Civil War mansions brightly decorated for the holiday season. Temple Heights, Waverley Plantation Mansion and Amzi Love will be open for tours from 10 a.m. to 4 p.m. every Saturday during December. Tour Shadowlawn, Waverley Plantation Mansion and Rosedale from 1 to 4 p.m. every Sunday during December. Contact the Columbus Historic Foundation at 329-3533 for ticket information.

Running outdoor tips help stay people stay healthy

Columbus AFB people running outdoors should wear proper attire so they don’t get sick.

The key to running in cold weather is to wear as little as the person can and still remain comfortably warm.

Regulating the temperature of the head and torso is very important to regulating the rest of the body.

If the head and torso are warm enough, any excess heat will be sent to other parts of the body like the fingers and toes. If the head and torso aren’t warm enough, heat will be absorbed from the extremities to make up for heat loss.

The head is of prime importance in maintaining body temperature.

A great deal of body heat escapes through the head. For cold weather running, some type of wool or cotton hat should serve the purpose.

The torso is another important area for maintaining body temperature. People should dress in layers; about three layers will usually suffice in even the coldest weather.

According to the Run Quick Web site, the three layers should be:

- ❑ An outer layer of nylon or Gortex to break the wind

- ❑ A middle layer, cotton sweat pants and shirt, should be used when it’s really cold

- ❑ An underlying wicking layer such as polypropylene to remover moisture away from the body

Other clothing items to consider are long pants, socks and mittens.

Running in winter can be as much fun and as safe as running during the summer months. *(Courtesy of the 14th Flying Training Wing safety office.)*

SHORTS

Bowling tournament

The bowling youth tournament is from 10 a.m. to 12:30 p.m. Dec. 14 at the bowling center.

Columbus AFB youth may register at the bowling center, youth center or during the Saturday youth leagues. Entry is \$5 per person.

Top three scratch scores in four age groups will be forwarded to the Air Education and Training Comm-and. For more information, call Ext. 2323.

Backwards scramble

The backwards scramble tourna-ment for all levels of golfers begins at 10 a.m. Dec. 14. Golfers play the entire course backwards.

Entry is \$15 for members and \$15 plus greens fees for nonmembers. Computer selects the teams. Call Ext. 7932.

Indoor soccer

Deadline for registering for indoor soccer is Dec. 15 at the youth center. The program is open to ages 3 to 7. Cost is \$25 for members and \$35 for nonmembers.

Volunteer coaches are needed to support this program. Season’s scheduled to begin in January.

Players must have current physical on file or obtain one before the start of the program. Call Ext. 2504.

Bowling turkey shoot

Open turkey shoot is from Dec. 15 to 21. Entry is \$6.50. During open bowling, register to compete.

Bowl three games in the nine-pin no-tap format. Top scores win.

Nine-pin no tap means that if a bowler knocks down nine pins with their first ball, it counts as a strike.

There is a men’s and women’s division. One turkey given away for every four entries. Call Ext. 2426

No-tap bowling

All levels of bowlers are invited to enter this months no-tap tournament Dec. 20. Sign up by 6:45 p.m.

The games begin at 7 p.m. Entry is \$7.50.

Players must get a strike with a red-head pin to spin the wheel to win a prize.

Every game, randomly selected individuals are challenged to knock down a certain number of bowling pins. Call Ext. 2426.

Jingle bell fun run/walk

A 5-mile run or 1.5-mile walk begins at 11 a.m. Dec. 18 at the fit-ness and sports center.

Be sure to wear jingle bells. If you don’t have any, the center will provide them.

Door prizes available. Call Ext. 2772.

Basketball tournament

A three-on-three basketball tourna-ment begins at 5 p.m. Dec. 26 at the youth center.

The tournament will have two to three age groupings according to the number of teams registered. Call Ext. 2504.

Youth sports day

The youth center features an array of games Dec. 28.

There will be an X-box tourna-ment, pool tournament, air hockey tournament and three-point shoot-out competition.

Register by Dec. 26. Call Ext. 2504.

Tae Kwon Do

This class is offered from 6 to 7:30 p.m. every Tuesday and Thursday in the youth center. Cost is \$40 per month.

Students must be at least five years old to enroll. Call Ext. 2504.

Bowling standings

The following are the intra-mural Thursday leagues stand-ings as of Dec. 5.

Team	Wins	Losses
Strokin	76	28
Misfits	70	34
14th OSS	66	38
SFS #1	34	70
SFS #2	32	72
48th FTS	32	72



Keep the locker, lose the gym bag
It’s the fitness and sports center semi-annual locker registration. It runs from now until Jan. 3.
Stop by the center to re-register lockers. For more information, call Ext. 2772.

